



WAEOP—Area 7 Professional Development  
 Workshop  
 WAEOP AREA DIRECTOR  
 DEYANNA KING CEO  
 502 4th ST NE  
 AUBURN WA 98002



TO  
 WAEOP MEMBER  
 IN WASHINGTON

**Registration form and fee (check payable to WAEOP) must be received by February 24, 2012, to assure your place.**

Send registration form and fee to: Mary Taylor, CEOE, 1721 91st Ave SW, Olympia, WA 98512

Name \_\_\_\_\_

Day phone (\_\_\_\_\_) \_\_\_\_\_ Evening phone (\_\_\_\_\_) \_\_\_\_\_

Mailing address \_\_\_\_\_ City and Zip Code \_\_\_\_\_

Worksite \_\_\_\_\_ District \_\_\_\_\_ Position \_\_\_\_\_

E-mail address \_\_\_\_\_ Lunch consists of deli sandwich, fresh fruit, cookie and water. If you have a special dietary need, please contact Deyanna at [djking@auburn.wednet.edu](mailto:djking@auburn.wednet.edu) or 253-931-4743

I am a member of WAEOP. My \$35 workshop fee is enclosed.

I am not yet a WAEOP member. My \$55 workshop fee is enclosed. Join WAEOP and save!

WAEOP is affiliated with the National Association of Educational Office Professionals.

WAEOP members attend this workshop for only \$35!  
Pre-register by sending your form and check  
(payable to WAEOP) to WAEOP's PDP Registrar, Mary Taylor, CEOE  
**You are welcome to attend even if you are not yet a member of WAEOP.**  
**Non-member registration fee is \$55.**  
Lunch is included in your workshop fee.

## Women's Self Defense

You don't need to fear life's "what if" moments.

In a day and age where violent crime and domestic abuse are on the rise in this country it is becoming ever more important to learn how to avoid and deal with dangerous situations.

Do you know what to do if you cannot avoid an attack?

Do you know what to do to successfully overcome one?

This course will teach you how to:

- become more aware of your surroundings,
- avoid conflict and dangerous situations,
- manage your fear if threatened or attacked, and
- respond in the unfortunate event you are forced to defend yourself or your children.

You will be provided with techniques that are easily learned and easy to remember in a high stress encounter. You will be given the opportunity to use these skills in a safe environment against instructors while wearing padded suits. *You don't need to live in fear or be concerned about the "What if?" moments in life.*

Abdul Mohamed, founder of Black Tiger Tactical is an expert in his field. He is currently a U.S. Military instructor who has worked in law enforcement, corrections, and security. In addition to providing instruction to military personnel, Abdul spends a great deal of time instructing civilians. Abdul is recognized and certified by the Washington State Criminal Justice Training Commission and has earned numerous certifications and awards.

Tyler Christian, the Director of Training for Black Tiger Tactical, has developed a program suited to the needs of educational office professionals. He and Abdul have planned a day *packed* with information and hands-on training. Tyler has served in law enforcement for nine years (six years on SWAT) and has served as one of his departments' lead firearms instructors. Tyler has served on patrol; on the Civil Disturbance Team; as a SWAT Operator and firearms instructor; and as a narcotics detective. He holds instructor certifications from various organizations (including the Washington State Criminal Justice Training Center and National Rifle Association). Throughout his law-enforcement career, Tyler has continually pushed the boundaries and expectations in all areas of training to better himself and fellow officers.

Tyler holds a First-degree Black Belt in Shudokan Karate. He has also trained intensely in several other martial arts styles. Tyler has combined his passion for martial arts and shooting, fusing the physical skills of martial arts with the use of firearms in close quarter defensive scenarios. Tyler trains with passion, intensity, and a motivation to always be improving, learning, and teaching.

**Join us in the gymnasium at  
Auburn High School**

(800 4th St NE, Auburn)

Dress is comfortable/casual.

This workshop does include a physical component; however, you do not need to be strong, toned, or in "excellent" physical condition to participate. Abdul and Tyler meet participants where they are and train them accordingly!

**Saturday, March 3, 2012,**

**8:30 a.m. to 4:30 p.m.**

**Check in between 8 and 8:30 a.m.**

**Eight hour workshop with  
working/lecture lunch. Approved for eight hours  
in-service credit towards NAEOP PSP.**

No cancellation refunds after February 17.  
Questions about the workshop? Contact Deyanna:

253-931-4743  
djking@auburn.wednet.edu.

This facility is wheel-chair accessible. There is no smoking on school district property (including parking lots).

**Want your name in  
a drawing for a special gift?**

Donations of non-perishable food (human and/or pet), toiletries, and/or cash will be accepted at the workshop. If you bring a donation to the check-in table, be sure you pick up a ticket for the drawing. Donations will be given to the local food bank.